



## Contact Us

CHAT  
6711 Hornwood Dr. #245  
Houston, Texas  
713-247-9764  
chattx.org



## Get Involved

There are many ways to provide support to CHAT, our programs, and our services:

### Volunteer!

Make a difference by donating your time. Fill out the form at [chattx.org/volunteer](http://chattx.org/volunteer) to volunteer with CHAT.

### Donate!

Our programs and services are made possible through the generous donations of community members, business owners, and supporting organizations. Visit [chattx.org/donate-now](http://chattx.org/donate-now) for more information.

### Partner with CHAT!

We are always looking for partners with whom to collaborate to provide additional services to our community. Contact us at 713-247-9764.



# CHAT

Culture of Health - Advancing Together

Customs • Traditions • Language • Health • Acculturation

Foster the health and well-being of immigrant and refugee communities through education, arts, advocacy, and access to care.

## About CHAT

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Culture of Health – Advancing Together (CHAT) was established to help improve the well-being and reduce the isolation of immigrant and refugee communities through education, arts, advocacy, and access to care. We want to create a welcoming environment for everyone.

Immigrants and refugees face language barriers and lack everyday knowledge for navigating their new culture. CHAT fills a critical gap by helping guide them through these barriers. We provide support through the Social Determinants of Health:

- Education,
- Economic Stability,
- Community,
- Healthcare, and
- Environment.

## Education

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CHAT supports the educational development of immigrant and refugee youth by integrating them into the community and improving their chances of academic success. They offer programs to provide them with the tools to succeed in school and in life.

- CHAT Academy - after-school tutoring services and enrichment activities including arts, photography, theater, music, STEM workshops, and games and sports, including soccer.
- Girls' Club for Success - engages and empowers immigrant and refugee girls through social and emotional learning (SEL) workshops offered on school premises.
- CHAT Camps - academic activities such as workbooks and assessments to improve skills in basic subjects. These are paired with creative projects including learning to create a film, acting, writing, poetry, and arts.

## Advocacy

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CHAT works to understand the specific needs of each population and to create tailored programs addressing them. We do this by leveraging partnerships and connecting our communities to appropriate resources.

Our goal is to build an environment, or a Culture of Health, where everyone works together to foster healthy communities. Our current partnerships include:

- Collaboration with Houston in Action for Census Data Collection
- Collaboration with Asian American Health Coalition for Hogg Grant
- Texas Health Institute Data Collection
- Member Gulfton Super Neighborhood Council
- Member Gulfton Youth Working Group

## Access to Care

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CHAT provides new immigrants and refugees access to health services through referrals and assistance. Volunteers refer individuals to organizations, help in locating affordable health services, and organize health screenings.

CHAT also provides health, hygiene, and cultural awareness workshops and presentations in multiple languages. Other programs include:

- CHAT partnered with the University of Houston's Honors in Community Health (UH HiCH) to create a Community Health Worker course. We trained 7 volunteer students and 7 Gulfton women in community health engagement and advocacy as part of this course.

## Arts

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From the art classes and workshops offered to the children and adults we serve, to the murals we've brought to the walls and walkways in our community, art has been an integral part of our community-building activities. Our projects include:

- "Gulfton Story Trail" - an immersive art experience of 12 murals that tell the story of Gulfton and its people by highlighting their diversity. The murals represent important aspects of the lives led in Gulfton.
- The "A Children's Story" mural celebrates Gulfton's diversity by visually displaying a colorful message of welcome to all new Houstonians and visitors to the area.

